

NOHA IP 2017

PRACTICAL INFORMATION FOR STUDENTS

IP LOCATION AND DATES

NOHA Intensive Programme 2017 “Humanitarian Access” organised by the University of Warsaw will take place from 4th to 9th September 2017 in premises of the University of Warsaw, Poland. Students are requested to arrive on 3th Sept. and may leave on 10th Sept.

ACCOMODATION

1. Students attending the IP will be staying at students’ hostel:

ul. Radomska 11, 02-323 Warsaw

http://arch.uw.edu.pl/en/strony/facil/dom_nr6.pdf

2. Noha IP organization covers the costs of accommodation for students from 3th to 10th of September. Students can stay longer but they will have to pay for extra nights; the price per night is 50 PLN (1 euro=4,2 zł). Please take into account that payment can be done in cash only in PLN upon the arrival to the students’ hostel.

3. Students will be accommodated in double rooms, with shared bathroom (shower, WC and washbasin) and kitchen. Kitchen utensils will be available to lend from Monday to Friday 8AM-4PM. Please take into account that you should bring your own towels. Bed sheets are provided by the hostel.

4. **Plugs and electrics** - Poland operates on 220V / 50Hz and uses a type F / Schuko plug socket/outlet with two round pins. If you plan to take electrical items with you (e.g. laptops, hairdryer etc.) you are advised to bring adaptors that are labelled as suitable for use in continental Europe and this type of outlet. Please note, there are no hairdryers available in the rooms. If you need a hairdryer, please remember to bring one with you.

HOW TO GET FROM THE AIRPORT TO THE HOSTEL

From Chopin Airport:

By train

You can get a train from Chopin Airport train station. It is advised to buy single fare transfer ticket which entitles to an unlimited number of journeys for a period not exceeding 75 minutes from its validation or entitling to a single journey to a stop or station which is the last on the route, it costs 4,4 ≈ 1,1 EUR. You won’t have to get another one while using the bus. Short-term tickets are valid for whole public transportation in Warsaw: metro, buses, trams as well as some trains within borders of Warsaw.

1. S2 (Warszawa Śródmieście direction) or S3 (Wieliszew direction) train from the Terminal to WARSZAWA RAKOWIEC Train Station (3th station, aprox. 8 min.)
2. tramway no 7, 9 or 15 from PKP RAKOWIEC 03 tram stop to WAWELSKA tram stop (6th stop, aprox. 8 min.)
3. students dorm is aprox. 200 m from the tram stop

By taxi

The departure point is in front of the Arrivals Terminal. It takes 15-30 minutes to arrive to the dorm (depending on the traffic) and the average cost is 10-15€.

Map of the Chopin Airport

More detailed information about transfer from airport to downtown Warsaw you can find [here](#) or at <http://warszawa.jakdojade.pl/> or at <http://www.ztm.waw.pl/index.php?c=574&l=2>

From Modlin Airport:

1st option

1. MBus to Modlin Train Station (aprox. 8 min.)
2. KM9 (Lotnisko Chopina direction) train to WARSZAWA KASPRZAKA station (14th stop, aprox. 54 min.)
3. Bus no 523 from OS. WOLSKA 05 bus stop to HALA KOPIŃSKA bus stop (3th stop, aprox. 7 min.)

2nd option

1. MBus to Modlin Train Station (aprox. 8 min.)
2. KM9 (Lotnisko Chopina direction) train to WARSZAWA CENTRALNA station (8th stop, aprox. 44 min.)
3. Tramway no 7, 9 or 25 (from DW. CENTRALNY 08 tram stop to OCH-TEATR tram stop (6th stop, aprox. 10 min.)
4. students dorm is aprox. 200 m from the tram stop

3th option

1. Modlin Bus (<http://www.modlinbus.com/>) to Warsaw city centre
2. Tramway no 7, 9 or 25 (from Centrum 10 tram stop to OCH-TEATR tram stop (7th stop, aprox. 12 min.)
3. students dorm is aprox. 200 m from the tram stop

HOW TO GET FROM THE STUDENTS DORMITORY TO UNIVERSITY OF WARSAW

<http://goo.gl/maps/nn4Pl>

Upon arrival to the hostel on 3th (during registration which starts from 14.00), students will receive tickets for public transport.

On 5th and 6th of September a group of Polish volunteers will pick students (around 7.00) at their hostel to show you the way to the University of Warsaw.

MEALS

1. **Breakfast** will be served near lecture halls in Rewers Restaurant from 8.00 to 9.00. On Monday 4th Sept. breakfast will be served in the building of former University Library on the Main Campus. On Friday 8th Sept. (day of the simulation exercise) breakfast will be served at the students hostel from 7.00 to 8.00.
2. **Lunches** will be served near lecture halls in Rewers Restaurant, <http://www.restauracjarewers.pl/>). On Monday 4th Sept. lunch will be served in the building of former University Library on the Main Campus.
3. There will be a light **dinner** available at the hostel from 18.00. On Monday 4th Sept. dinner will be served in the building of former University Library on the Main Campus. From 5th Sept. dinners will be served in Rewers Restaurant.f
4. There will be vegetarian and no vegetarian options.
5. Please remember that NOHA will not cover the expenses of any meal outside the above mentioned.

HEALTH CARE

EU citizens will need the European Health Insurance Card or private insurance coverage. With the European Health Insurance students can go to any public medical center in Warsaw to ask for assistance.

- The nearest public medical center to the University of Warsaw is:

Centermed

Krakowskie Przedmieście 24/26

tel. (0-22) 552 03 65, (0-22) 826 75 07

- The nearest public medical center to Radomska Student Dorm is:

Samodzielny Publiczny Centralny Szpital Kliniczny w Warszawie

Warszawa, Banacha 1A

tel. (22) 599-10-00

Wojewódzki Szpital Chirurgii Urazowej Św. Anny Samodzielny Publiczny Zakład Opieki Zdrowotnej
Warszawa, Barska 16/20
tel. (22) 822-46-31

Non-EU citizens will need private insurance coverage in Poland. The typical procedure for medical assistance is that students should contact their insurance service provider for a list of accepted medical providers located in Warsaw. Arrangements will be made directly with them and also the payments for the service and treatments up front. Afterwards students should submit their receipts and other documentation to their insurance provider for a refund. Full procedures should be listed in insurance documents.

For medical emergencies, the contact number is 999.

INTERNET ACCESS:

1. At the hostel

There is WIFI available at the hostel, but students complain about it. There is no computer and printing services available in the hostel.

2. At University of Warsaw

There is WIFI, students will receive access code during the first day of lectures.

ATTENDANCE REGULATIONS

It is compulsory for every student to participate in all NOHA IP 2017 activities. For non-attendance or any unforeseen issues, please contact the NOHA Coordinator at your home university or any IP Staff.

CONTACT DATA IP STAFF AT UNIVERSITY OF WARSAW

- For further questions please contact Aleksander Zieliński, e-mail: a.w.zielinski@wpia.uw.edu.pl, mobile: +48 793 704 086,

USEFUL LINKS

- NOHA IP 2017 map <http://goo.gl/maps/bvjk0>
- Warsaw public transport: www.ztm.waw.pl and <http://warszawa.jakdojade.pl/?locale=en>
- Warsaw touristic information <http://www.warsawtour.pl/en>
- Weather in Poland http://www.meteo.pl/index_en.php